








East Windsor Senior Center Events & Activities Calendar MARCH 2016

SENIOR CENTER HOURS - MONDAY THROUGH FRIDAY 8:00 a.m. to 3:00 p.m.

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON - WHEELS 292-8279 WEBSITE WWW.EASTWINDSORCT.COM



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Spring Begins March 20, 2016!!</p> 	<p>1</p> <p>Game Day 10:00 - 11:30</p>  <p>Chair Yoga 12:30 \$\$\$</p>	<p>2</p> <p>Shopping at Geisslers 9:00</p> <p>Wii Zumba 12:30</p> <p>WHPT Library 1:00 - 2:00</p>	<p>3</p> <p>Blood Pressure & Sugar Screening 10:00 Sit & Stitch 10:00-11:30</p>  <p>Jewelry Making w/Janice \$\$\$ 10:30 - 11:30 Senior Club Meeting 12:30-3:00</p>	<p>4</p> <p>Lunch at Roberto's 11:45-2:00</p> 
<p>7</p> <p>Shopping - Big Y or Walmart 9:00 - 10:30</p> <p>Tax Assistance 9:00-12:00 (by appointment)</p> <p>Fitness 10:30-11:30 \$\$</p> <p>Art with Tex 12:30</p> <p>Wii Bowling 12:30</p>	<p>8</p> <p>Tea Time 10:00 - 11:00</p> <p>1:1 Law Sessions-12:30 (by appointment)</p> <p>Chair Yoga 12:30 \$\$\$</p>	<p>9</p> <p>Shopping at Geisslers 9:00</p> <p>Wii Bowling @ The Residence at South Windsor Farms 12:30</p> <p>Wii Zumba 12:30</p>	<p>10</p> <p>Coloring 10:00-11:30</p>  <p>BINGO \$\$\$ 12:30-2:00</p>	<p>11</p> <p>Lunch and Learn 12:00-1:30 Care for Me at Home & Encompass Insurance Solutions Lunch Provided by October Kitchen (NO CRT LUNCH) Mobile Foodshare St. Catherine's Church 1:45 - 2:30</p>
<p>14</p> <p>Shopping - Big Y or Walmart 9:00 - 10:30</p> <p>Tax Assistance 9:00-12:00 (by appointment)</p> <p>Fitness 10:30-11:30 \$\$</p> <p>Art with Tex 12:30</p> <p>Wii Bowling 12:30</p>	<p>15</p> <p>Foot Care \$\$\$ 9:00 - 1:00</p> <p>Log Cabin Trip \$\$\$ 10:45-4:00</p> <p>Chair Yoga 12:30 \$\$\$</p>	<p>16</p> <p>Shopping at Geisslers 9:00</p> <p>Crafts with Melissa 10:30</p> <p>Wii Zumba 12:30</p>	<p>17</p> <p>Jewelry Making w/Janice \$\$\$ 10:30-11:30</p> <p>Irish Step Dancers 12:30-1:15</p> <p>Senior Club Meeting 12:30-3:00</p>	<p>18</p> <p>In-House Movie: The Martian 9:30-12:00</p> 
<p>21</p> <p>Shopping - Big Y or Walmart 9:00 - 10:30</p> <p>Tax Assistance 9:00-12:00 (by appointment)</p> <p>Art with Tex 12:30</p> <p>Wii Bowling 12:30</p>	<p>22</p> <p>Focus Group-10:00-11:00</p> <p>Food for Thought 11:00 - 11:30</p>	<p>23</p> <p>Shopping at Geisslers 9:00</p> <p>Walking Club 12:30-2:30</p> <p>Wii Zumba 12:30</p>	<p>24</p> <p>Monthly Social Entertainment by: Maggie Carchrie 12:30</p> 	<p>25</p> <p>Good Friday Senior Center Closed</p>
<p>28</p> <p>Shopping - Big Y or Walmart 9-10:30</p> <p>Tax Assistance 9:00-12:00 (by appointment)</p> <p>Book Club 10:30</p> <p>The Kitchen House by Kathleen Grissom</p> <p>Fitness 10:30-11:30 \$\$</p> <p>Art with Tex 12:30</p> <p>Wii Bowling 12:30</p>	<p>29</p> <p>Trivia with Teresa 10:00 - 11:00</p> <p>Chair Yoga 12:30 \$\$\$</p>	<p>30</p> <p>Shopping at Geisslers 9:00</p> <p>Walking Club 12:30-2:30</p> <p>Wii Zumba 12:30</p>	<p>31</p> <p>Jewelry Making w/Janice \$\$\$ 10:30 - 11:30</p> <p>EWSC AUCTION 12:30-2:00</p> 	<p>Daylight Savings Time Sunday, March 13, 2016</p> 

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 - WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.